Ingredients ne	eded for	practical	lesson on
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Carrot Cakes

- 50g / 2oz soft margarine (should have approx 80g fat per 100g check the label)
- 50g / 2oz soft brown sugar
- 1 egg
- 100g / 4oz self raising flour
- ½ teaspoon bicarbonate of soda (available from school free)
- ½ teaspoon mixed spice (available from school free)
- 50g / 2oz finely grated carrot
- 1 tablespoon raisins or chopped nuts or coconut or chopped pineapple
- 3 tablespoons milk (available from school 5p)

12 paper cases CONTAINER

Topping (Optional) Note: Cakes will be too warm to ice at school, and this will need a small container to take it home in

- 50g / 2oz cream cheese (e.g. Philadelphia) NOT low fat variety
- 100g / 4oz icing sugar
- 25g / 1oz soft margarine
- few cherries or walnuts to decorate

Method

- 1. Heat oven Gas 5 / 190°C.
- 2. Place paper cases in a bun tin.
- 3. Cream marg and brown sugar together until pale and fluffy. Beat in the egg.
- 4. Sieve flour, mixed spice and bicarbonate of soda, fold into mixture.
- 5. Add carrot and fruit/nuts, fold in. Stir in the milk.
- 6. Divide between the paper cases. Bake until risen and firm to touch (approx. 10-15 mins)
- 7. Cool.

Make the topping to take home

	8.	Beat all ingredients together for the topping, and then spread onto cold cakes. Top with half a cherry or walnut.
Name		

