Cottage Pie

Bring an oven proof dish to make your pie in

Topping: (use ready-made/frozen or instant mash to save time, if preferred)

- 750g / 1 ½ lb potatoes
- salt to taste (optional)
- 3-4 tablespoons milk + 15g / ½ oz butter to cream

Base

- 450g / 1lb minced beef, lamb, turkey or a pack of Quorn
- 1 tablespoon oil
- 1 onion
- 1 stick celery
- 1 carrot
- 1 stock cube
- 2 tablespoons gravy/sauce granules
- A good pinch of herbs, salt and pepper

Options – other vegetables can be added as desired e.g. peas, sweetcorn, baked beans

Method

- 1. If using fresh potatoes, fill a kettle and boil. Otherwise go to step 4.
- 2. Peel potatoes and cut into medium sized pieces.
- 3. Put potatoes in a medium pan, cover with boiling water, simmer 20 mins, or until soft.
- 4. Peel and chop onion and carrot, wash and chop celery.
- 5. Soften veg in a little oil, in a saucepan, (lid on) for 5 minutes until soft.
- 6. Add mince to veg, stir until browned.
- 7. Add water to **just cover** the meat. Add stock cube, herbs and seasonings.
- 8. Bring to boiling point **turn heat down to lowest setting**, and simmer gently, with lid on pan, for at least 30 minutes. Stir occasionally.
- 9. Drain the potatoes and cream well. Leave to cool. Ready prepared potatoes should be cool or cold
- 10. Gradually stir gravy granules to meat and stir to thicken. Taste and add more seasoning if necessary.
- 11. Put cooked mince into pie dish. Pipe or spread potatoes on top and grill or bake to brown.

Name

