Ingredients needed for: \_\_\_\_/\_\_\_\_ Name:

## RISOTTO

Ingredients	Equipment
1 chicken/vegetable stock cube	Saucepan
25g butter	Wooden spatula
1 small onion	Knife
150g risotto rice (Arborio)	Chopping board
30g cheese	Non slip mat
50g extra ingredients, such as bacon, ham,	Jug
mushrooms, asparagus, sweetcorn,	Grater
pepper.	
Salt	
Pepper	
Container	

## Method

- 1. Prepare any ingredients: dice the onion and any other vegetables or meat.
- 2. Dissolve the chicken/vegetable stock cube in ½ litre of hot water from the kettle. Put to one side.
- 3. Melt the butter in a saucepan, and then gently fry the onions and vegetables and meat, until soft for 5 minutes (or until the meat is cooked).
- 4. Add the rice; stir until coated with the butter.
- 5. Look at the rice the granules should be clear around the edges.
- 6. Slowly add the stock, about 100ml at a time, stirring until absorbed.
- 7. Then add the next 100ml, and continue until the stock is all absorbed. Check the rice is cooked it should be soft.
- 8. Take off the heat, stir in the cheese until melted.
- 9. Season.