

Ingredients needed for: \_\_\_\_\_ Name: \_\_\_\_\_

## OAT AND BERRY MUFFINS

### Ingredients

150g plain flour  
2tsp baking powder  
75g caster sugar  
25g oats  
60g berries  
1 egg  
120ml milk  
60ml vegetable oil  
6 muffin cases  
Container

### Equipment

Mixing bowl  
Muffin tin  
Jug  
Fork  
Scales  
Metal tablespoon  
Teaspoon

### Method

1. Line muffin tin with 6 cake cases and pre-heat the oven to gas mark 5/190°C.
2. Stir the flour, baking powder, caster sugar and oats together in a large bowl.
3. In a jug, beat the egg, oil and milk together with a fork until they are well mixed.
4. Pour the wet ingredients into the dry ingredients and stir with a metal spoon. Fold in the berries, without breaking them up.
5. Spoon into the muffin cases until cases are  $\frac{3}{4}$  full and bake for 15-20 minutes.
6. Muffins are done when the tops are lightly browned and they spring back when touched.